

Our Mission Statement:

Visiting Nurse Association of Central Jersey is a nonprofit organization dedicated to helping individuals and families achieve their best level of well-being by providing compassionate, coordinated, innovative care in their homes and communities.

Visiting Nurse Association,
Children & Family Health
Institute

597 Park Ave, Suite C, Freehold, NJ 07728

[Recipient Name]
[Address]
[City, ST ZIP Code]



Your child's school district, in collaboration with the Visiting Nurse Association, is offering health screenings to make sure your child is ready to learn.





Vision Screening

We will check your child's vision to make sure that both eyes are working together. Vision screenings are a limited process and are not used to diagnose an eye or vision problem but they can indicate if there is a need for further evaluation.

Signs for parents to look for that may indicate a vision problem:

- sitting close to the TV screen or holding a book very close
- tilting the head
- covering an eye
- frequent rubbing of their eyes
- short attention span for the child's age
- sensitivity to light
- avoiding coloring activities, puzzles and other detailed activities

Hearing Screening

We will check your child's hearing to make sure that your child can hear different levels of sounds and tones. We can also check to make sure there is no fluid in the middle ear after an ear infection.

Signs for parents to look for that may indicate a hearing problem:

- your child seems to hear fine some of the time and then not respond at other times
- your child may want the TV volume louder than other members of the family
- your child says "What?" often
- your child moves one ear forward when listening
- your child's grades fall or their teacher notices that they do not seem to hear or respond as well as the other children
- it seems as though your child is just not paying attention
- your child says they didn't hear you a lot
- your child starts to speak more loudly than before



Dental Screening

We will check your child's mouth including the lips, tongue, teeth, gums, inside the cheeks and roof of the mouth to see if there is any tooth decay or other oral conditions that need to be addressed by a dentist. The exam will only take 2-3 minutes to complete.

How can I help my child enjoy good dental health?

- Limit sodas and candy, both contain a lot of sugar which causes cavities
- Brush teeth at least twice a day with toothpaste that contains fluoride
- Regular dental visits will help your child stay cavity-free. Take your child to the dentist twice a year.

Contact Us

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